

Dr Harika Regani



**MBBS, MD (AIIMS, New Delhi)
FAICO Oculoplasty**

Consultant Oculoplasty, Ocular
Oncology & Facial Aesthetic Surgeon

Recipient of IJO Gold Award

Credentials and Achievements



International Faculty Role

Dr. Harika Regani serves as an **international faculty** at IAFCS. International Academy of Facial & Cosmetic Surgery.



Research & Publications

She has numerous **publications and presentations** at key conferences.



Awards and Recognitions

Recipient of prestigious **AAO Global Award**

Recipient of IJO Gold Award.

South Indian Women achiever's award (SIWAA) 2025 – in category of Medical Excellence.



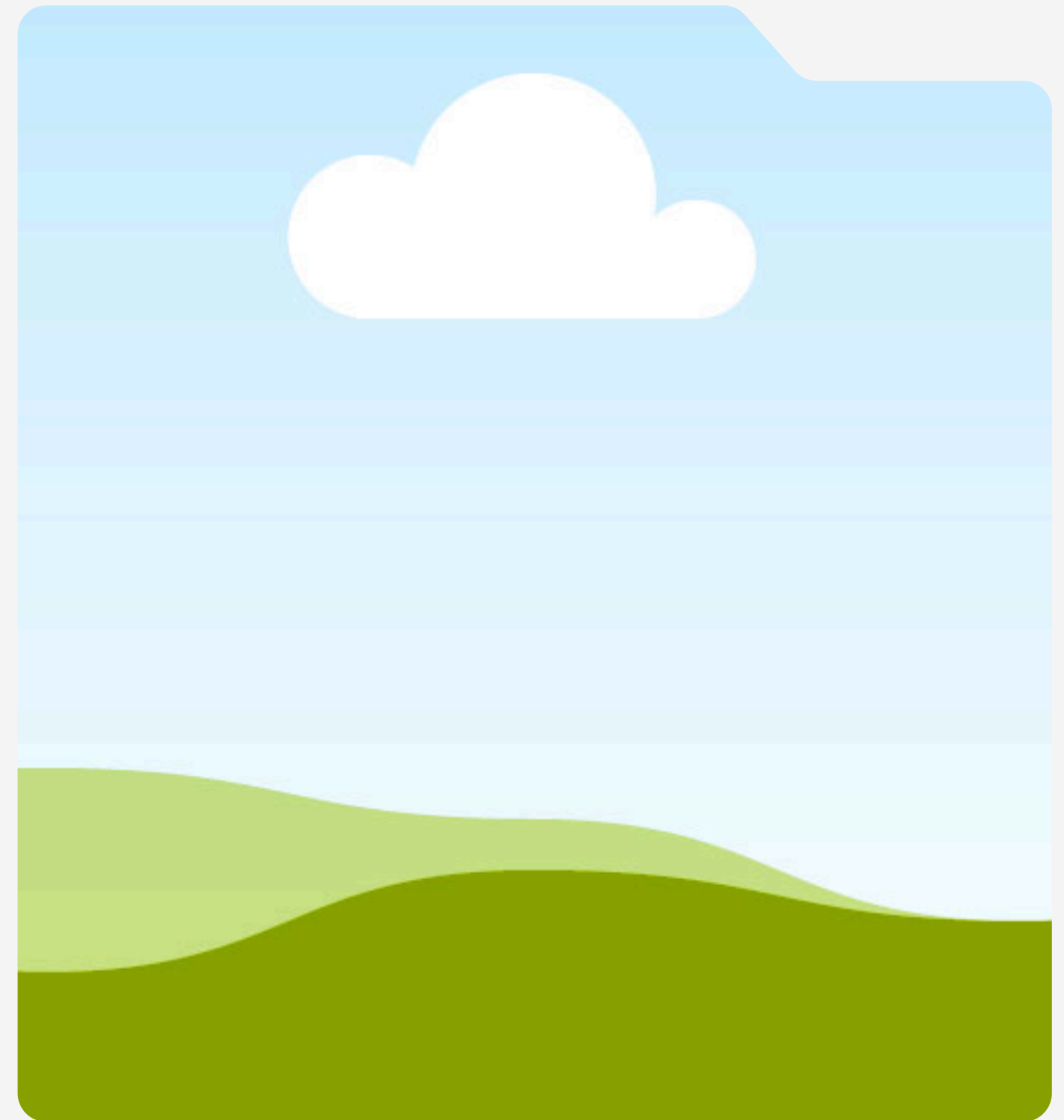
iFOCUS

THE EYE & AESTHETICS

A Doctor's favourite!

iFocus Hospital stands as a **trusted referral partner** in ocular oncology and oculoplasty.

Led by Dr. Harika Regani, our institution is dedicated to providing **exceptional care** and innovative treatments, ensuring patient satisfaction and collaboration with referring professionals for optimal outcomes in **eye health**.



Specialty Focus

- Oculoplasty
- Ocular Oncology
- Facial Aesthetics.



“We combine advanced techniques with compassionate care to manage complex ocular conditions.”

About

Dr. Harika Regani

MBBS, MD, AIIMS (New Delhi), FAICO Oculoplasty
Founder and Medical Director, iFocus Hospital

Consultant Oculoplasty.

Regional Institute of Ophthalmology

(Sitapur Eye Hospital), Sitapur, Uttar Pradesh.



Welcoming.

At iFocus Hospital, we prioritize a **patient-centric approach**.

Our state-of-the-art operating rooms are equipped with the latest technology to ensure safety and precision.

The patient consultation rooms are designed for comfort, fostering a welcoming environment for comprehensive discussions on ocular care.



Ocular Oncology & Oculoplasty Expertise



Eyelid Reconstruction

Specialized techniques for restoring function and appearance.



Orbital Tumor Surgery

Expert management of complex orbital tumor cases.



Socket and Prosthesis

Tailored solutions for enhancing cosmetic outcomes.

Clinical Expertise



Tumors

- Eyelid tumors management
- Orbital tumors assessment
- Benign and malignant types
- Comprehensive treatment plans

Reconstruction

- Socket reconstruction techniques
- Custom prosthesis creation
- Trauma repair strategies
- Scar revision approaches

Clinical Expertise



Comprehensive Management of Thyroid Eye Disease

We provide specialized care for thyroid eye disease cases.



Advanced Solutions for Facial Nerve Disorders

Our team addresses complex facial nerve disorders effectively.



Cosmetic and Reconstructive Eyelid Surgeries Offered

We perform precise surgeries for aesthetic and functional needs.



Multidisciplinary Collaboration for Optimal Patient Outcomes

Our approach emphasizes teamwork to enhance treatment results.

Ocular Oncology



Eyelid Cancers



Retinoblastoma



Eye / Orbital Tumors



Ocular Surface Tumors

(Eg: Ocular Surface
Squamous Neoplasia)

Oculoplasty

✦ NLDO (Tear Duct Block)

✦ Eyelid Twitching / Spasm

✦ Entropion / Ectropion

✦ Trauma (Eyelid / Orbit)

✦ Ptosis (Drooping Lid)

✦ Xanthelasma

Facial Aesthetics

✦ **Blepharoplasty (Eyelid Lift)**

✦ **Botox / Fillers**

✦ **Chemical Peels**

✦ **Scar Revision / Skin Grafting**

✦ **Face Lift / Brow Lift**

World class equipment

Cautery & Cryo systems for precision treatment.



Equipment names



Equipment names



Equipment names

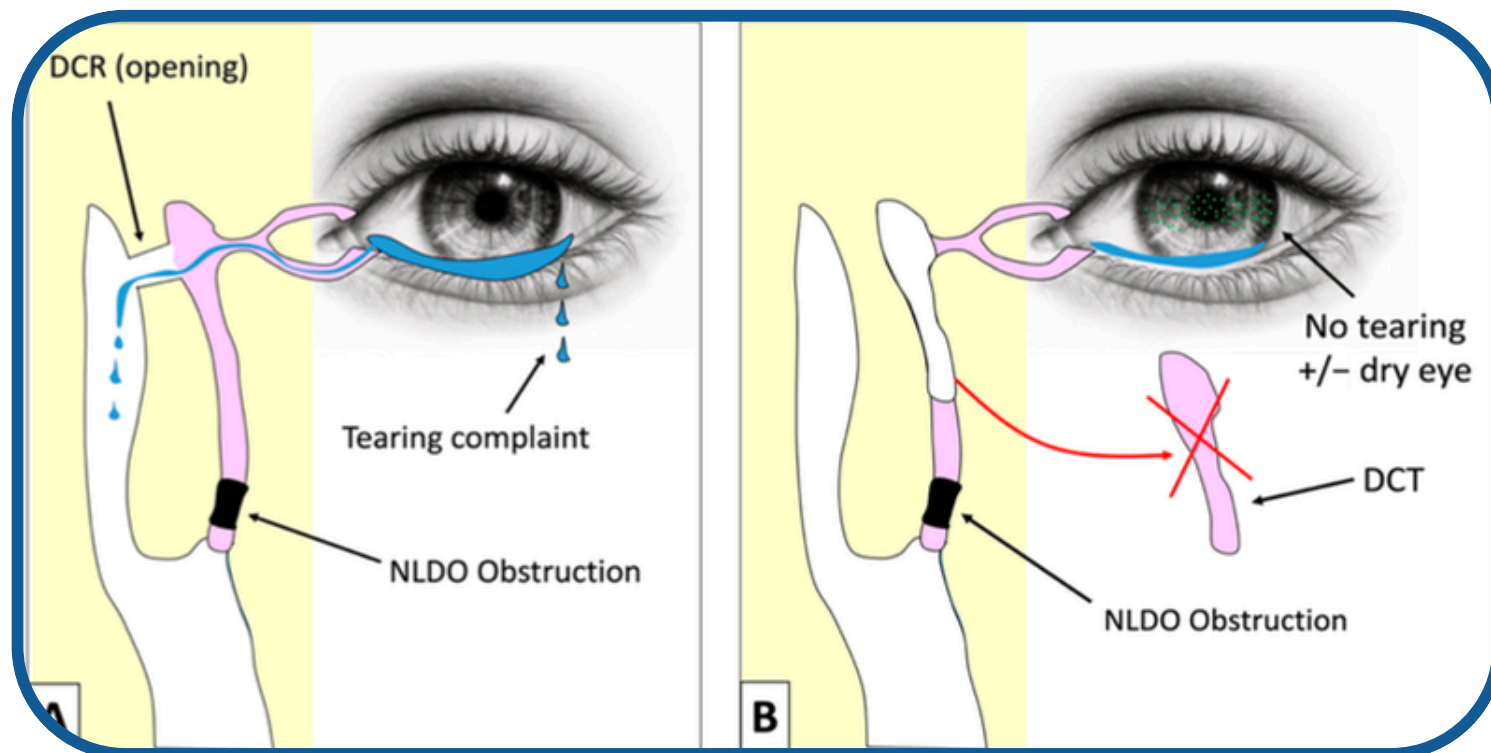
NLDO

Nasolacrimal Duct Obstruction Treatments

Dacryocystorhinostomy (DCR):

Creates a new passage between the tear sac and the nasal cavity.

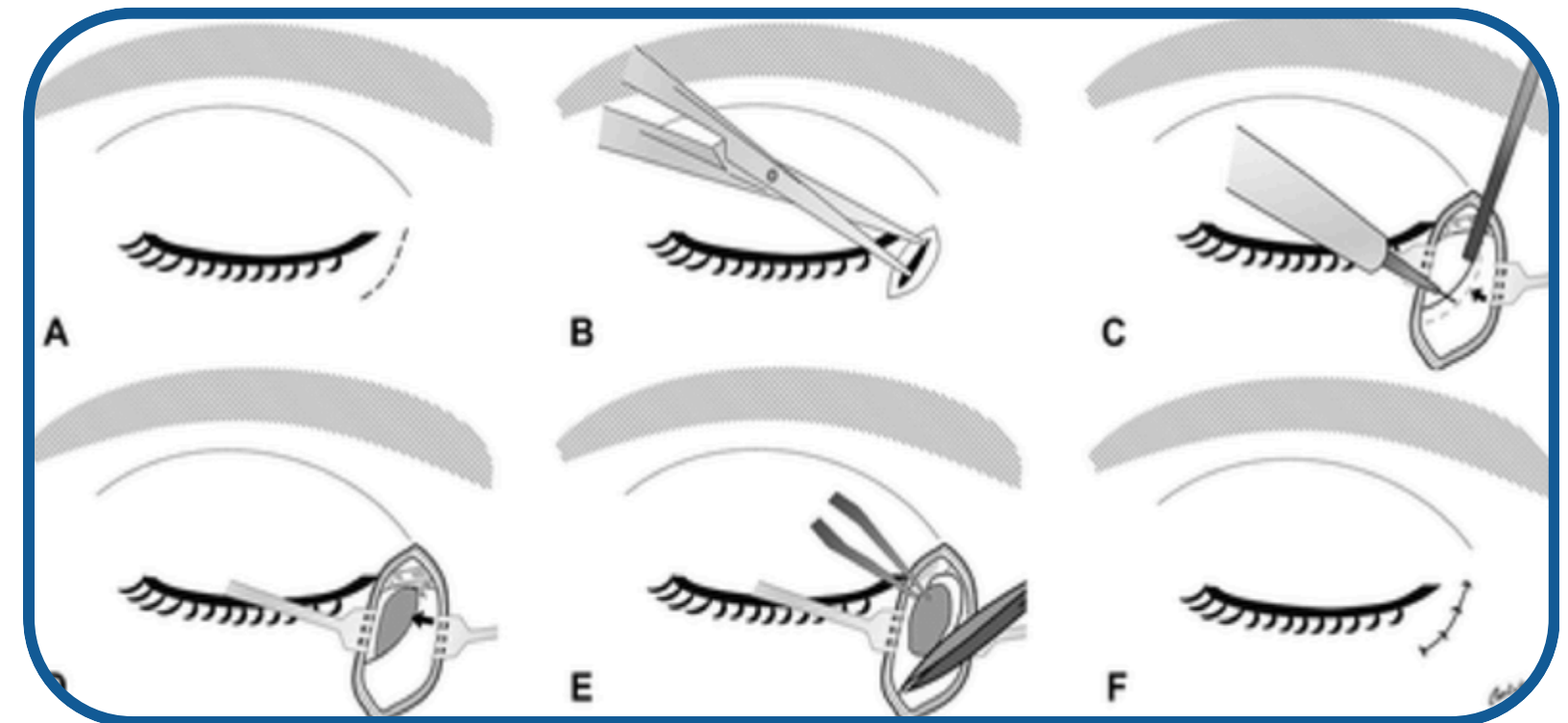
Restores natural tear drainage for long-term relief.



Dacryocystectomy (DCT):

Surgical removal of the infected/blocked tear sac.

Provides relief from chronic infection & watering.



NLDO

Nasolacrimal Duct Obstruction Treatments

This section highlights **transformative** patient cases showcasing Dr. Harika Regani's expertise in ocular oncology and oculoplasty. Each success story demonstrates the advanced techniques and compassionate care provided at iFocus Hospital, leading to improved outcomes and enhanced quality of life for patients.



Success Stories

Ptosis

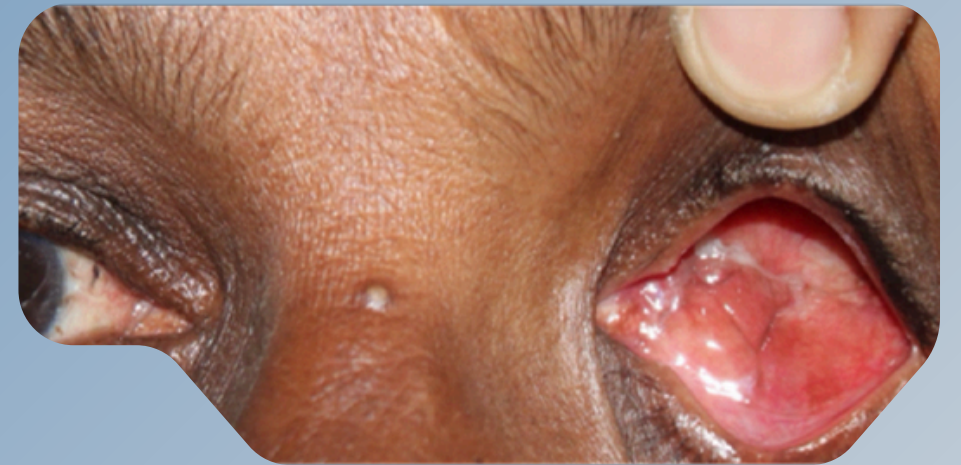
- Congenital ptosis is the drooping of the upper eyelids since birth. Severe cases need to be operated at the earliest after birth to prevent amblyopia.
- Mild to moderate cases can be operated since the school going age.



Success Stories

Evisceration/Enucleation with implant with prosthesis

- Eye removal leads to an empty socket
- Orbital implantation during the surgery and customised ocular prosthesis after 6 weeks of surgery gives the best cosmesis.



Success Stories

Customised Ocular/Orbital Prosthesis

- Empty socket can result due to removal of the eyeball (evisceration or enucleation) for various reasons.
- For a good cosmesis, orbital implant is placed inside the socket during the surgery and customised ocular implant can be placed after 6 weeks of surgery



Success Stories

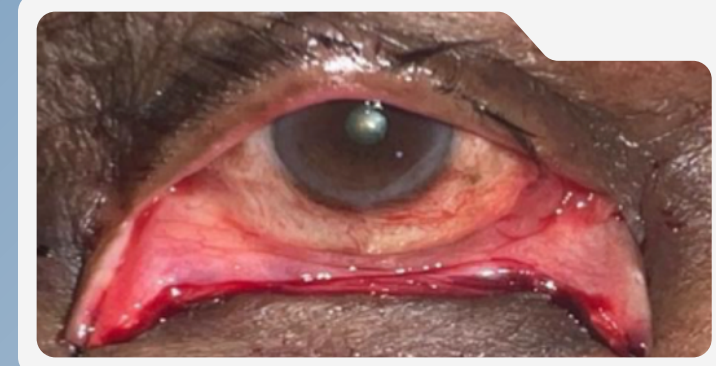
Lower lid Sebaceous gland carcinoma

- Eyelid masses or swelling which are very large in size and associated with abnormal bleeding or discharge can be malignant.
- In this case, a two stage surgery was done to reconstruct the lower eyelid after complete removal of the lower eyelid tumor with the clinically clear margins and the frozen section margin control.

Before



Tumor Removal



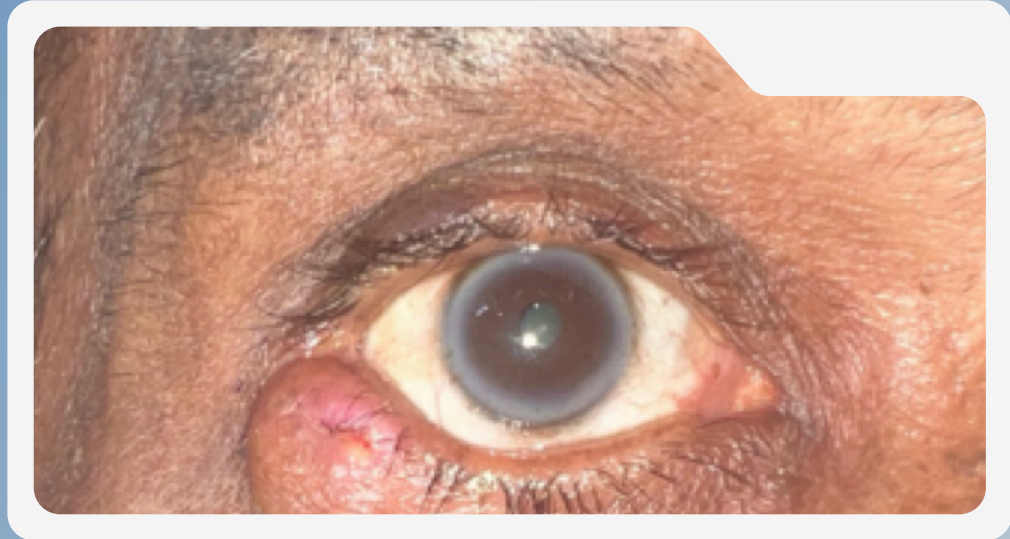
Stage 1.
Reconstruction



Stage 2.
Reconstruction

Lower lid Entropion

- Age related changes of the lower eyelid can lead to dehiscence in the lower eyelid retractors and also result in some degree of lid laxity which can result in inward turning of the eyelid margin.
- This condition can be surgically corrected with Jones procedure with or without Lateral tarsal strip.



Success Stories

Fascial Shearing injury

- Fascial Shearing injuries are seen in road traffic accidents where the superficial tissues are sheared against the deeper fascial tissues.
- Expertise management with careful wound reconstruction is the key.



All treatments we excel at:

- DCR and DCT Surgeries for Nasolacrimal duct
- Obstruction(NLDO)
- Ptosis Correction (Congenital/Acquired)
- Congenital Eyelid Coloboma Management
- Enucleation with implant with prosthesis
- Evisceration with implant with prosthesis
- Customised Ocular / Orbital prosthesis
- Eyelid tumor management
- Entropion correction
- Ectropion correction
- Abnormal lash correction
- Traumatic scar revision
- Thyroid eye disease management
- Socket reconstruction
- Skin grafting
- Thyroid eye disease management
- Socket reconstruction
- Skin grafting
- Ocular/Orbital tumors management
- Ocular/Orbital Dermoid management
- Lagophthalmos management
- Blepharoplasty (upper+ lower)
- Conjunctival Pigmentation
- Hemifacial spasm or blepharospasm surgeries
- Orbital fracture repair
- Botox
- Fillers
- Aesthetic chemical peels
- Face lift surgeries
- Brow lift surgeries

Contact Us



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